Product Types Reference Sheet



CLIENT EDUCATION

Printable resource for use in individual or group education setting. Examples include a workbook, worksheet, handout or guide.



BUSINESS FORMS AND TOOLS

Resource for business aspects of a nutrition practice including office policies, client forms or budgeting/tracking tools.



CLINICAL REFERENCE

Disease or topic specific resource focused on clinical application of nutrition science or research. Generally for professional audience. Examples include protocol, book and treatment guide.



BOOKS AND GUIDES

Comprehensive resource for professional or general audience. Includes chapters, table of contents and pagination.



PRESENTATIONS AND SLIDE DECKS

Slides for download and use with general or professional audience. May include presenter's guide or additional educational tools for attendees.



GRAPHICS AND POSTERS

Visual image or design to inform or explain. Purpose may be for digital display on website and social media or for printing as decoration and display.



COURSES AND WEBINARS (VIDEOS)

Video based content such as recording of online seminar or series of lessons. May also include supplemental downloadable resources. Viewed by purchaser as streaming video (not downloaded). Setup of video products requires site admin support.



TOOLKITS AND BUNDLES

Collection of resources organized around topic or event. Includes both guidance (how-to/tutorial) and resources (downloads and/or video).



MEAL PLANS, RECIPES AND SNACK LISTS

Visual image or design to inform or explain. Purpose may be for digital display on website and social media or for printing as decoration and display.

TOPICS

Allergies and Sensitivities

Bariatric

Clinical Skills

Cultural Competency

Diabetes

Dining Out

Eating Disorders

Food Safety

Functional Nutrition

Gastrointestinal

Gluten Free

Grocery Store/Retail

Heart Health and Cardiovascular

Holiday

Intuitive Eating

Kid-Friendly Activities

Meal Planning/Prep

Neurologic

Nutrition Support

Oncology

Pediatric/Infant

Plant-Based

Pregnancy/

Breastfeeding

Renal Disease

School Nutrition

Snacks/Meal Ideas

Sports Nutrition/Fitness

Weight Management

Weight Neutral

Wellness

